

Trigonometrik funksiyalarni integrallash

- Reja:

- 1. trigonometrik funksiyalarni integrallashda foydalaniladigan formulalar.
- 2. Trigonometrik funksiyalarni integrallash
- 3. Misollar yechish.

Trigonometrik funksiyalarni integrallash.

(1) ko'rinisdagi integrallarni qaraymiz. Bu integral almashtirish yordami bilan hamma vaqt ratsional funksiyaning integraliga keltirilishi mumkin ekanini ko'rsatamiz. $\sin x$ va $\cos x$ funksiyalarni (2) bilan, ya'ni t bilan ifoda etamiz:

$$\sin x = \frac{2\sin \frac{x}{2} \cos \frac{x}{2}}{1} = \frac{2\sin \frac{x}{2} \cos \frac{x}{2}}{\sin^2 \frac{x}{2} \cos^2 \frac{x}{2}} = \frac{2\operatorname{tg} \frac{x}{2}}{1 + \operatorname{tg}^2 \frac{x}{2}} = \frac{2t}{1 + t^2},$$
$$\cos x = \frac{\cos^2 \frac{x}{2} - \sin^2 \frac{x}{2}}{1} = \frac{\cos^2 \frac{x}{2} - \sin^2 \frac{x}{2}}{\cos^2 \frac{x}{2} + \sin^2 \frac{x}{2}} = \frac{1 - \operatorname{tg}^2 \frac{x}{2}}{1 + \operatorname{tg}^2 \frac{x}{2}}$$
$$= \frac{1 - t^2}{1 + t^2}$$

- Endi (2) tenglikdan:
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- $x = 2 \operatorname{arc} tg t, \quad dx = \frac{2dt}{1+t^2}$
- Shunday qilib, $\sin x$, $\cos x$ va dx lar t bilan ratsional ifodalandi, ammo ratsional funksiyalarning ratsional funksiyasi o'z navbatida yana ratsional funksiya bo'lgani uchun hosil qilingan ifodalarni berilgan (1) integralga qo'yib ratsional funksiyaning integralini hosil qilamiz:
- $\int R(\sin x, \cos x) dx = \int R \left[\frac{2t}{1+t^2}, \frac{1-t^2}{1+t^2} \right] \frac{2dt}{1+t^2}$

- Yuqoridagi almashtirish har qanday trigonometric funksiyani integrallash imkonini beradi. Shuning uchun uni baʼzan «universal trigonometric almashtiris» deb ataladi. Lekin amalda bu almashtirish koʻpincha ancha murakkab ratsional funksiyaga olib keladi. Shuning uchun «universal» almashtirish bilan bir qatorda baʼzi hollar uchun maqsadga tez olib keladigan boshqa almashtirishlar ham qoʻllaniladi.
- Agar integral koʻrinishida boʻlsa, u holda $\sin x = t$, $\cos x dx = dt$ almashtirish bu integralni koʻrinishiga olib keladi.
- Agar integral koʻrinishida boʻlsa, u holda $\cos x = t$, $\sin x dx = -dt$ almashtirish yordamida bu integral ratsional funksiyaning integraliga keltiriladi.

- Agar integral ostidagi funksiya faqat $\operatorname{tg}x$ ga bog'liq bo'lsa, u holda
- $\operatorname{tg}x = t, x = \operatorname{arctgt}, dx =$ almashtirish yordamida bu integral ratsional funksiyaning integraliga keltiriladi.
- Agar integral ostidagi funksiya $R(\sin x, \cos x)$ ko'rinishida bo'lsa, ammo bunda $\sin x$ va $\cos x$ larning faqat juft darajalari kirs, u holda
- $\operatorname{tg}x = t$ (3) almashtirish tatbiq etiladi. $\sin^2 x$ va $\cos^2 x$ lar $\operatorname{tg}x$ bilan ratsional ifoda etiladi.

- *Ba'zi trigonometric funksiyalarni $\operatorname{tg}x$ orqali ifodalanishi.*

- $\cos^2 x = \frac{1}{1+\operatorname{tg}^2 x} = \frac{1}{1+t^2}$

- $\sin^2 x = \frac{\operatorname{tg}^2 x}{1+\operatorname{tg}^2 x} = \frac{t^2}{1+t^2}$

- $dx = \frac{dt}{1+t^2}$

- 2 misol.

- $\int \frac{\sin^3 x}{2+\cos x} dx$

- Integral hisoblansin.
- Yechish. Bu integralni ko'inishiga keltiriladi.

- $\int \frac{\sin^3 x}{2+\cos x} dx = \int \frac{\sin^2 x \sin x dx}{2+\cos x} = \int \frac{1-\cos^2 x}{2+\cos x} \sin x dx$
- $\cos x = z$ almashtirishni bajaramiz. Bu holda $\sin x dx = -dz$
- Demak,
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- $\int \frac{\sin^3 x}{2+\cos x} dx = \int \frac{1-z^2}{2+z} (-dz) = \int \frac{z^2-1}{z+2} dz =$
 $\int \left(z - 2 + \frac{3}{z+2} \right) = \frac{z^2}{2} - 2z + 3 \ln(z+2) + C =$
 $\frac{\cos^2 x}{2} - 2\cos x + 3 \ln(\cos x + 2) + C$

- 5) ko'inishdagi integrallarda uchta holni ko'ramiz.
- a) integralda m va n larning kamida bittasi toq bo'lsin. Aniqliq uchun n toq son deb faraz qilamiz. $n = 2p + 1$ deb olib, integralni o'zgartiramiz.
- o'zgaruvchini almashtiramiz: $\sin x = t$, $\cos x dx = dt$
- yangi o'zgaruvchini berilgan integralga qo'yamiz

- , bu esa t ning ratsional funksiyasining integralidir.
- b) integralda m va n manfiy bo'lmagan juft son. $m = 2p$, $n = 2q$ deb qaraymiz. Trigonometriyada ma'lum bo'lgan formulalarni yozamiz: (4)
- bularni berilgan integralga qo'yamiz:

- Darajaga ko'tarib hamda qavslarni ochib, $\cos 2x$ ning juft ba toq darajalarini o'z ichiga olgan hadlarni hosil qilamiz.
- Toq darajali hadlar a) holda ko'rsatilgandek, integrallanadi.
- Darajaning juft ko'rsatkichlarini (4) formulalariga ko'ra yana pasaytiramiz. Daraja ko'rsatkichlarini pasaytirilgan oson integrallanadigan ko'rinishdagi hadlar hosil bo'lgunicha shunday davom ettiramiz.

3-misol. $\int \sin 2x \cos 7x dx$ integralni hisoblang.

yechish. Yuqoridagi formulalarning birinchisidan

$$\sin 2x \cos 7x = \frac{1}{2} [\sin(2x + 7x) + \sin(2x - 7x)] = \frac{1}{2} (\sin 9x - \sin 5x),$$

$$\int \sin 2x \cos 7x dx = \frac{1}{2} \int (\sin 9x - \sin 5x) dx = \frac{1}{2} \int \sin 9x dx - \frac{1}{2} \int \sin 5x dx =$$

$$= \frac{1}{2} \cdot \frac{1}{9} (-\cos 9x) - \frac{1}{2} \cdot \frac{1}{5} (-\cos 5x) + C = \frac{1}{10} \cos 5x - \frac{1}{18} \cos 9x + C.$$

natijaga ega bo'lamiz.

- 4-misol. $\int \frac{1}{\sqrt{1-x^2}} dx$ integralni hisoblang.
- yechish. Bu integralni izońlarsiz kńsoblaysiz:
- $\int \frac{1}{\sqrt{1-x^2}} dx = \arcsin x + C$.
- 5-misol. $\int \frac{1}{1+x^2} dx$ integralni hisoblang.
- yechish. Trigonometrik funksiyalarning darajalarini pasaytirish formulalaridan foydalanib, quyidagi natijaga kelamiz:

$$\int \sin^2 x \cos^4 x dx = \int \frac{1 - \cos 2x}{2} \cdot \left(\frac{1 + \cos 2x}{2} \right)^2 dx = \frac{1}{8} \int (1 - \cos 2x)(1 + \cos 2x)^2 dx =$$

$$= \frac{1}{8} \int (1 - \cos^2 2x)(1 + \cos 2x) dx = \frac{1}{8} \int \sin^2 2x dx + \frac{1}{8} \int (\sin^2 2x \cos 2x) dx =$$

$$= \frac{1}{16} \int (1 - \cos 4x) dx + \frac{1}{16} \int \sin^2 2x d \sin 2x = \frac{1}{16} x - \frac{1}{64} \sin 4x + \frac{1}{16} \frac{\sin^3 2x}{3} + C =$$

$$= \frac{1}{16} x - \frac{1}{64} \sin 4x + \frac{1}{48} \sin^3 2x + C.$$

6-misol. $\int \sin^3 x \cos^4 x dx$ integralni hisoblang.

yechish. $\sin x dx = -d(\cos x)$ va $\sin^2 x = 1 - \cos^2 x$ ekanligini hamda

$\cos x = z$ almashtirish kiritib, quyidagini hosil qilamiz:

$$\begin{aligned} \int \sin^3 x \cos^4 x dx &= \int \sin^2 x \cos^4 x \sin x dx = \int (1 - \cos^2 x) \cos^4 x (-d \cos x) = \\ &= -\int (1 - z^2) z^4 dz = -\int (z^4 - z^6) dz = -\frac{z^5}{5} + \frac{z^7}{7} + C = -\frac{\cos^5 x}{5} + \frac{\cos^7 x}{7} + C. \end{aligned}$$

Har xil argumentli sinus va kosinuslar ko‘paytmalari shaklidagi funksiyalarni integrallash.

$$\int \sin mx \cos nxdx, \int \sin mx \sin nxdx, \int \cos mx \cos nxdx \quad (1)$$

ko‘rinishdagi integrallarni karaymiz. Trigonometrik funksiyalarning ko‘paytmadan yig‘indiga keltirish formulalaridan foydalanamiz.

$$\sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha + \beta) + \sin(\alpha - \beta)], \quad \sin \alpha \sin \beta = \frac{1}{2} [\cos(\alpha - \beta) - \cos(\alpha + \beta)],$$

$$\cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha - \beta) + \cos(\alpha + \beta)]$$

formulalardan foydalanib, (1) ko‘rinishdagi integrallarni

$$\int \sin axdx, \int \cos bxdx$$

integrallardan biriga keltirib integrallanadi.

8-misol. $\int \sin 2x \cos 7x dx$ integralni hisoblang.

yechish. Yuqoridagi formulalarning birinchisidan foydalanamiz

$$\sin 2x \cos 7x = \frac{1}{2} [\sin(2x + 7x) + \sin(2x - 7x)] = \frac{1}{2} (\sin 9x - \sin 5x),$$

$$\int \sin 2x \cos 7x dx = \frac{1}{2} \int (\sin 9x - \sin 5x) dx = \frac{1}{2} \int \sin 9x dx - \frac{1}{2} \int \sin 5x dx =$$

$$= \frac{1}{2} \cdot \frac{1}{9} (-\cos 9x) - \frac{1}{2} \cdot \frac{1}{5} (-\cos 5x) + C = \frac{1}{10} \cos 5x - \frac{1}{18} \cos 9x + C.$$

natijaga ega bo‘lamiz.