



The Outcomes:



- ✿ Identify obesity correctly.
- ✿ Talk about obesity causes correctly.
- ✿ Talk about healthy & unhealthy lifestyle meaningfully.
- ✿ Suggest solutions for obesity problem using should/shouldn't correctly.
- ✿ Appreciate the importance of applying healthy lifestyle.

Dear Students,



You are going to work in five groups of six as (**doctors**). I will divide you into groups according to the evaluation record. Try to help kid to participate in the school part and give him self- confidence.

Dear Students: I will evaluate your work according to the following criteria:



no	Criteria	Yes	No
1.	The ability to express the problem using their own language - "acting out".		
2.	Identifying the problem by drawing a map about possible causes about it.		
3.	The ability to deal with & identify each part of the problem to solve it.		
4.	Making sure that they are working the right way toward solving obesity problem.		
5.	Working on a list of solutions and omitting the others.		
6.	Using should/shouldn't correctly.		
7.	Solving the problem by doing the required tasks.		

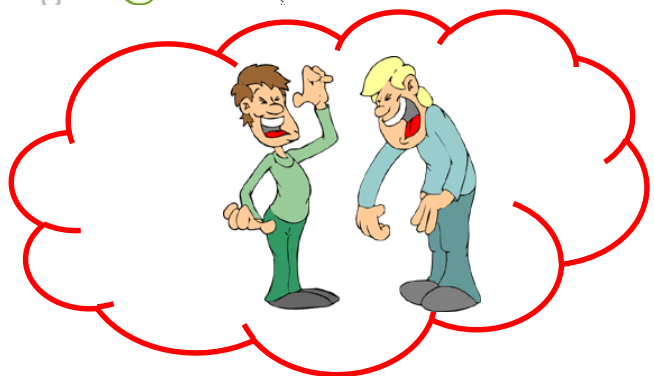


Adam in a big trouble...

You are a doctor and you work at the school clinic. One day someone knocked the door , he was a student in third grade and his name was Adam. He asked for help.

You asked him about the reason .Then he said :“ The school party will be next month and I'm not ready because I'm fat and I don't know what to do?”





He added: "other kids in the class are making fun of me. I need your help". Then he expressed his desire to participate in the school party.

Now...
Dear doctor,
How are you going to help this poor kid?

Follow me ...



Are you good actor??

20 min

Let's go to the school theatre and act the story out . Each group is going to do the following:

- 1.Divide the roles " Adam, doctor & friends".
- 2.Practice you role and ask your friends if you need any help.
- 3.Use your own language to express yourself.
- 4.Act the story out expressively.



The Final Product



A play about Adam and his problem about (Obesity).

How much do you weigh?

20 min

Then you asked Adam the following question:
Your current weight is 45 kg and if it continues to increase 1 kg every month then think :

How much weight will be a year later???

$$45 * \dots = \dots$$
$$+ \dots$$



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The Final Product

Write the equation on your notebooks and find the solution.



Draw and help Adam...

20 min


After talking with Adam about his weight a year later which was unbelievable for him, you start the most important step by asking him to do the following:

Visit the following website and search the obesity causes .



The Final Product



Write the causes using  **smartdraw** program and save your work on the desktop.

Give me more reasons...

25 min

Mr. Great doctor,
You asked Adam to search two
causes of obesity by visiting the
this site.



Remember: Give me
more details about
each cause.



The Final Product

Tell me more about the causes you found and write your answer on **Microsoft Word**.



Healthy or Not...

20 min

What do you know about your lifestyle??
Is it healthy or not??

It's time to learn more about
healthy and unhealthy lifestyles,
so visit the following sites then :

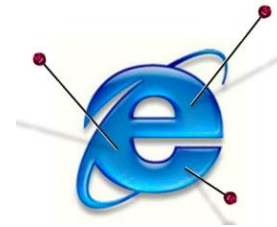


 Write a list of healthy lifestyle.

 Write a list of unhealthy lifestyle.

And...

Think and write steps to snap out of your unhealthy lifestyle. You may visit the following site



Write the steps on your notebook.

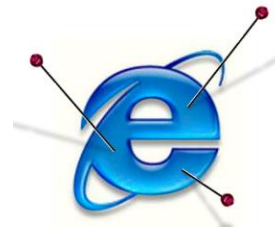
Write a list ...

20 min

My son...

It's time to write a list of solutions
in order to be ready before the
school party.

Please visit this website and write
your list.



Now...

Dear Adam...

After writing your list, omit (delete) steps you're not going to write in the final list solution and keep the ones you are going to write in order to help Adam.



The Final Product



A list of (solutions) you've decided to do . Use your own language using (should/shouldn't).

Write your solutions on a flip chart and hang it in your class.

Dear doctor,

You've done great job helping
Adam solving his problem.

