A photograph of Elon Musk speaking, with his hands raised in a gesture. He is wearing a dark suit jacket over a light-colored checkered shirt. The background is a dark, out-of-focus blue.

"I THINK IT'S VERY IMPORTANT TO HAVE A
FEEDBACK LOOP, WHERE YOU'RE
CONSTANTLY THINKING ABOUT WHAT
YOU'VE DONE AND HOW YOU COULD BE
DOING IT BETTER. I THINK THAT'S THE
SINGLE BEST PIECE OF ADVICE:
CONSTANTLY THINK ABOUT HOW YOU
COULD BE DOING THINGS BETTER AND
QUESTIONING YOURSELF."

- *Elon Musk*

**The best investment
you can make,
is an investment in yourself...
The more you learn,
the more you'll earn.**

– Warren Buffett



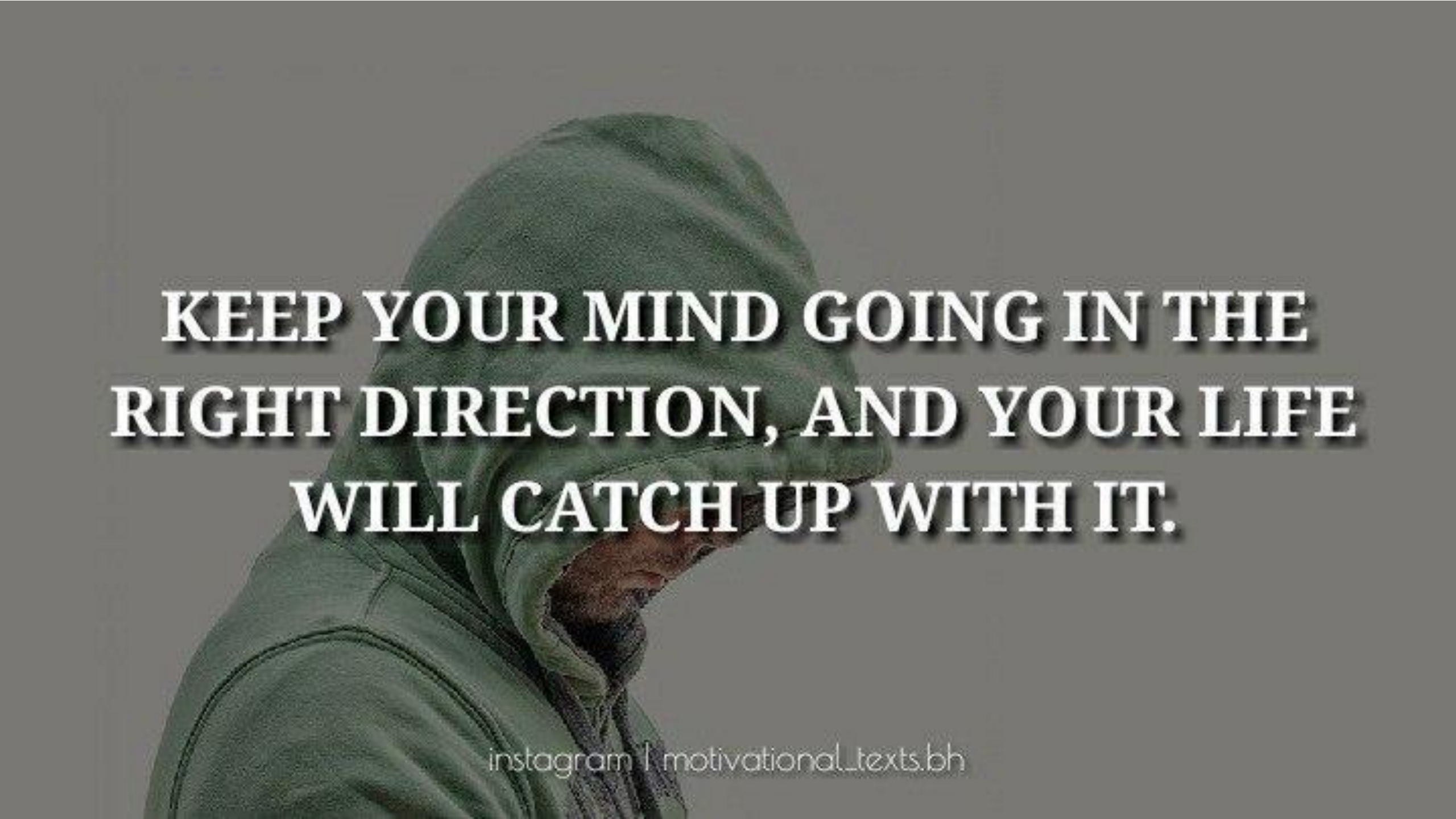
**It doesn't matter who
hurt you, or broke you
down. What matters is
who made you **smile**
again.**

When you wish good things
for others, good things
come back to you.

This is the
Law of Nature.



**JUST
DO
IT**

A person wearing a green hoodie is shown in profile, looking down. The image is dimly lit, with the person's face partially obscured by shadows. Overlaid on the image is a motivational quote in white, bold, sans-serif capital letters with a slight drop shadow.

**KEEP YOUR MIND GOING IN THE
RIGHT DIRECTION, AND YOUR LIFE
WILL CATCH UP WITH IT.**

Focus on your purpose

Focus on physical strength

Focus on mental wellness

Focus on more fun

Focus on less stress

Focus on simplifying life

Focus on real friends

Focus on being confident, but humble

Focus on truly living life



**Never make a
decision when
you're angry
and never make
a promise when
you're happy.**

18 WAYS TO PUSH

YOURSELF OUT YOUR COMFORT ZONE

FACE YOUR
FEARS

TAKE A
RISK

BE
CONFIDENT

EMBRACE THE
UNKNOWN

NEVER GIVE
UP

BE
RESILIENT

KEEP
LEARNING

STRIVE FOR
IMPROVEMENT

TRY NEW
THINGS

ENJOY WHAT
YOU DO

INVEST TIME
IN
YOURSELF

BELIEVE IN
YOURSELF

SAY YES
MORE OFTEN

CHALLENGE
YOURSELF

EXPLORE
NEW THINGS

SET GOALS

DON'T BE
AFRAID

BE POSITIVE



Sometimes painful
things can teach us
lessons that we
didn't think we
needed to know.

