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## Federal holidays

| Date | Official Name |  |
| :--- | :--- | :--- |
| January 1 | New Year's Day | $\begin{array}{l}\text { Remarks }\end{array}$ |
| Celebrates beginning of the Gregorian calendar year. Festivities |  |  |
| include counting down to midnight (12:00 AM) on the preceding night, |  |  |
| New Year's Eve. Traditional end of holiday season. |  |  |$\}$


| Last Monday in <br> May | Memorial <br> Day | Honors the nation's war dead from the Civil War onwards; marks the unofficial beginning of the <br> summer season. (traditionally May 30, shifted by the Uniform Holidays Act 1968) |
| :--- | :--- | :--- |
| July 4 | Independen <br> ce Day | Celebrates Declaration of Independence, also called the Fourth of July. | | First Monday in |
| :--- |
| September | Labor Day | Celebrates the achievements of workers and the labor movement; marks the unofficial end of the |
| :--- |
| summer season. |

## Weeks

(O) Constitution Week
(O) National FlagWeek
(O) National Forest Products Week
(O) National Poison Prevention Week

- National Safe Boating Week
(O) National School Lunch Week
(O) National Transportation Week
(O) Police Week
(O) SaveYour Vision Week
(O) National Friendship Week



## JSpecific; high-profile or common celebrations

M On New Year's Day, people in certain countries gather on beaches and rita iou he: water to celebrate the new year. Ireland, Britain, United Statés and Austrálià are the most popular countries for this. These events are sometimes known as polar * bear plunges, and are sometimes organized. by groups to raise money for charity. - Polar Bear. Clubs in many northern hemisphere cities near bodies of water, have a tradition of holding organized plunges on New Year's Day. The Coney Island Polar * Bears • Club in New York is the oldest cold-water*swimming clutb in the United States They have had groups of people enter the chilly surf since 1903.
$x$ In England and Scotland an extra round of football fixtures is played (unless New Year's Day falls on a Thursday, Friday or Sunday).
K In Pasadena, California, United States, the Tournament of Roses is held, with revelers viewing the parade from the streets and watching on television, followed by the Rose Bowl college football game. The game is one of several postseason bowl games played in college football in the United Statest(though in 2004 and 2006, due to its involvement in the Bowl Championship Series (BCS), the Rose Bowl game was not held on New Year's Day).

This day is traditionally a religious feast, but since the 1900s has become an occasion for celebration the night of December 31, called New Year's Eve. There are often fireworks at midnight. Depending on the country, individuals may be legally allowed to burn fireworks, even if it's usually outlawed the rest of the year. It is also customary to make New Year's resolutions, which individuals hope to fulfill in the coming year. The most popular resolutions in the western world include to quit tobacco smoking, stop excessive drinking of alcohol, lose weight, and get physically fit.

St. Valentine's Day

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## Some facts

- Valentine's Day is a day to share loving feelings with friends and family. It is also known as a holiday honoring lovers. It is celebrated on the 14th of February. This is a happy day because it is specially dedicated to celebrate love, affection and friendship.
- There is a wide-spread custom of sending greeting cards or gifts to express affection. Every February 14, millions of people send Valentines to those whom they love. The cards, known as Valentines, are often designed with hearts to symbolize love.
- In England, Valentine greetings have been popular since the Middle Ages, when lovers used to send Valentine verses to their sweethearts.


## Independence Day

Displays of fireworks, such as these over the Washington Monument, are an example of the celebrations that take place nationwide.

Also called
The Fourth of July The Glorious Fourth The Fourth
Observed by $\quad$ United States
National
Significance
The day the Declaration of Independence was adopted by the
Continental Congress
Date
Celebrations
July 4
Fireworks, Family reunions, Concerts, Barbecues, Picnics, Parades, Baseball games



## Parents' Day in the United States

- In the United States, Parents' Day is held on the fourth Sunday of every July. This was established in 1994 when President Bill Clinton signed a Congressional Resolution into law (36 U.S.C. § 135) for "recognizing, uplifting, and supporting the role of parents in the rearing of children."
- Parents Day, proclaimed by a joint Congressional Resolution, is an opportunity to uplift parenthood and to highlight the important roles parents have in helping their children grow up to be all that they can be. It's an opportunity for parents to re-examine their priorities, and re-dedicate their commitment to not let life's problems and concerns take precedence over our responsibilities as parents to help nurture our children. Parents' Day is a time for communities to celebrate our dedicated parents who strive to raise their children with unconditional love, often putting self-gratification aside to nurture their children in a loving environment.


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## school <br> $: 284$




