

8A | I hate flying

SPEAKING

- 1 Work in pairs. Ask and answer these questions about air travel.
 - Did you travel to another country last year?
 - Did you travel by plane?
 - When did you travel?
 - Where did you go?

READING

- 1 Read the magazine article and put the events in the correct order.
 - The writer talked to a psychologist.
 - The writer visited his brother in Hong Kong.
 - The writer went on a course for people afraid of flying.
 - The writer talked to a pilot.
- 2 Read the article again and answer the questions.
 - 1 How many Americans hate flying?
 - 2 Did the writer travel by plane before the course?
 - 3 Why was the writer's phobia a problem?
 - 4 Who taught the writer how to relax on a plane?
 - 5 What did the people do when the flight started?
 - 6 What did the writer do after his flight?
- 3 Work in pairs. What about you? What do you think of flying? Do you know someone who is afraid of going on a plane?

FEAR OF *FLYING*

PERSONAL STORY

If you don't like flying, you are not alone. Fear of flying is one of the most common phobias in the world. More than 10 million British adults are afraid of flying. In America, this number is more than 25 million. Many famous people

5 hate or hated flying: Ronald Reagan, Aretha Franklin, Mohammed Ali, Cher and Billy Bob Thornton are only some examples.

I hated flying. I knew that planes were very safe, that they were safer than cars (about 29 times safer), and

10 the chances of being in a plane accident were about 0.000000004%. But every time I was at the airport, I felt terrible. I couldn't get on the plane. The only problem was that I loved travelling. And if you love travelling and hate flying, that is a problem.

15 After many years, I decided to do something. A friend told me about a special course for people like me. It was a one-day course at the airport. There were more than 100 people on this course. The first part of the course was a class with a pilot. He explained exactly how a plane

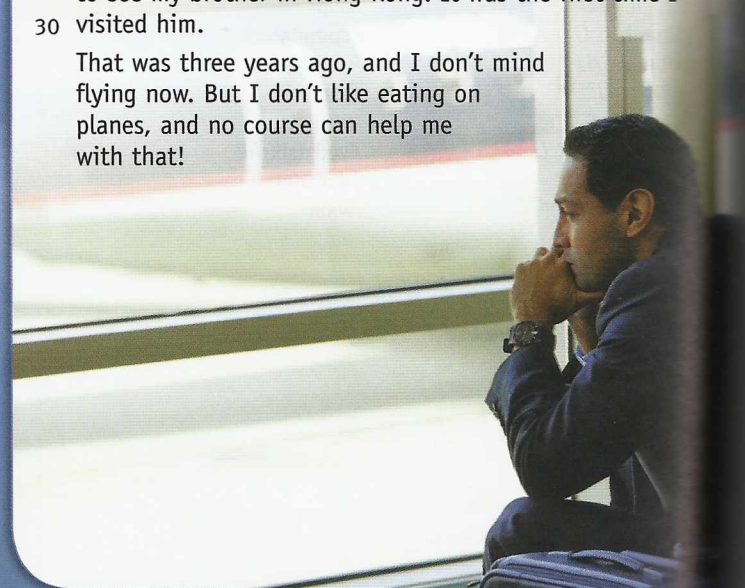
20 works, and showed us all the different parts. I liked that because it helped me a lot. Then we had a long talk with a psychologist. She gave us information about phobias and taught us a relaxation technique.

Then we had the most difficult part, a 45-minute flight.

25 We were all still very nervous. Some people held hands, and some people cried. But we all did it. At the end of the flight, I felt nervous and tired but very happy. I could get on a plane and survive. The next day, I booked a ticket to see my brother in Hong Kong. It was the first time I

30 visited him.

That was three years ago, and I don't mind flying now. But I don't like eating on planes, and no course can help me with that!



GRAMMAR: verb + -ing

After the verbs *like, hate, love*, we use the verb + *-ing*.
Many famous people hate flying.
I don't like eating on planes.

SEE LANGUAGE REFERENCE PAGE 90

1 Put the words in the correct order on the line.

like hate don't like love don't mind

☺ ☹ ☹ ☹ ☹☹

2 Find examples of the verbs in exercise 1 in the article. Underline them and the verbs that go with them.

3 Here are some of the reasons why the writer doesn't like travelling on planes. Complete the sentences with a word from the box. Use the *-ing* form.

wait go sit talk eat

- I don't like _____ through security, it makes me nervous.
 - I hate _____ next to other people on planes. The seats are too small.
 - I don't like _____ to a stranger on a plane.
 - I don't like _____ for a long time at the airport.
 - I hate _____ airline food.
- 4 Work in pairs, A and B. Find out each other's likes and dislikes.

A: Turn to page 134.

B: Turn to page 136.

VOCABULARY: transport

1 Look at the words in the box. Put them into two groups.

car airport car park plane boat
 motorbike railway station train bicycle
 bus underground bus stop port
 on foot

Group A: Places connected to transport

Group B: Kinds of transport

2 2.23 Listen to the recording to check your answers. Say the words.

Language note

With the verb *go* and kinds of transport, use the preposition *by* + transport.

I went by car. They go to work by train.

3 Work in pairs. Ask and answer the questions.

How do you get from your home to ...	the city centre? English class? another city in your country? the sea? the US?
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PRONUNCIATION: /ŋ/

1 2.24 Listen and repeat the words.

waiting young flying eating think English

2 2.25 Listen and complete the sentences.

- I _____ flying.
- I _____ speaking English.
- I _____ watching horror films.
- I _____ writing exams.

3 Complete the sentences with *like/don't like/hate* etc. so that they are true for you. Say the sentences.

SPEAKING

1 Do the *Travel* questionnaire below.

A: Do you hate flying?

B: Yes, I do.

A: Why?

B: Because I'm afraid of planes.

TRAVEL QUESTIONNAIRE

Find someone who ...

Air

hates flying. Why?
takes planes often. For work or holidays?

Car

likes listening to music while they drive.
What kind of music?
doesn't have a car.
How do you get to class?

Boat & Train

takes the train or underground often.
How often?
would like to make a long journey by boat.
Where to?



2 Tell the class two things you found out about other students and travelling.