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# The Factor of National Values in Increasing the Activity of Young People

# Mukimov Bahriddin Asrorovich

Tashkent Institute of Irrigation and Agricultural Mechanization Engineers National Research University (Republic of Uzbekistan)

Annotation: This article analyzes the impact of globalization on the erosion of national spirituality, the erasure of customs, traditions and values. It is also based on the fact that one of the urgent tasks today is the fight against globalization, especially its influence on changing national customs, traditions, values and mores, the formation of a factor that can serve as a shield and apply it. our society. The author proves that the main and educational factor in overcoming the influence of globalization on the erosion of national identity is the formation of national-spiritual immunity.

**Key Words:** globalization, society, social, economic, cultural and spiritual intensification, integration, spirituality, personality, family, education, upbringing, law, citizenship, society, morality, value, national value, harmonious personality, rule of law.

Despite the fact that peace and stability reign in our country today, the preservation, protection and strengthening of independence will remain a priority. This is due, on the one hand, to the fact that independence gives us, first of all, the right to control our own destiny, to build our future with our own hands, to use the wealth of our country only for the benefit of our people and homeland. During the years of independence, we were given the right to live on the basis of these sacred values and national traditions. In order to preserve it, it is necessary to preserve independence. It is well known that before independence, the natural desire to understand national identity was ignorantly denied. Holy national holidays such as Navruz, Ramadan and Eid al-Adha were banned. The names of our ancestors, such as Amir Temur, Imam Bukhari, Imam Termezi, Ahmad Ferghani, Bahauddin Naqshband, Khoja Ahmad Yassavi, Najmiddin Kubro, Abdullah Kodiri, Abdurauf Fitrat, Abdulhamid Cholpon, Mahmudkhoja Behbudi, have been erased from the memory of our people. Today, thanks to independence, their names, our national and spiritual values have been restored, we have a deeper understanding of ourselves.

Today, young people are studying their national history. Another important achievement is that the revival of the native language, culture, customs and traditions creates conditions for their self-realization. Today, young people do not just learn their national and spiritual values. They enjoy the achievements of the peoples of the world. They have the opportunity to study in foreign countries, acquire knowledge, acquire scientific and technological achievements, advanced technologies and introduce them into the social life of our society.

It is known that upbringing is a process aimed at shaping a person's spirituality, beliefs, self-awareness, attitude towards others. "Today's development processes in Uzbekistan testify to the beginning of a new stage in the development of our society and state in the direction of a national outlook and spiritual renewal"[1, 293]. Therefore, it is necessary to carry out balanced educational work in order to ensure the balance of this process. Through education,

young people not only master a certain profession, find their place in life, but also prepare themselves for the future life.

The spirituality and culture of the people, its true history and identity, its restoration are of decisive, if not interpretable, importance in the successful advancement of our society along the path of renewal and development. Since we are striving to build a democratic rule of law, one of the main and priority tasks is to increase the spirituality of our people, which embodies the most subtle feelings, deep philosophical, political and legal ideas.

Society cannot achieve its future without the development and strengthening of spiritual values in the minds of young people. "The most important area of our activity will continue to be the training of a new generation of personnel capable of solving complex and large-scale tasks on the path of modernizing our country and building a modern society"[2, 38], said I.A. Karimov. Independence is an important condition for the fulfillment of this task. Only if a people or a nation have the right to determine their own destiny, they can freely determine their own path of independent development and educate young people on the basis of their national values.

However, true freedom cannot be achieved without the liberalization of all aspects of society. The idea of freedom and the spiritual heritage of the people have served as a powerful source of prosperity for the peoples of the East for thousands of years. In the East, when assessing the level of individual freedoms and rights, behavior, behavior, place in society, awareness of responsibility, interests and rights of a particular group, ethnic group, people, nation, society, they approach on the basis of special values and traditions.

Reliance on national and spiritual values in the worldview of young people, its interpretation and role in the implementation of economic and political reforms in our society are among the most important issues today. For a nation, freedom is the highest expression of the triumph of justice. Freedom does not allow you to become dependent on yourself, plunder your property, betray each other, kill each other or harm another. Because freedom is based on the law: actions and actions performed within the framework of the law are justified from the point of view of moral and legal values. In everyday life, in human relations, human freedom is limited by law and moral norms.

Only when we correctly understand freedom and apply it in our lives can we preserve this great good - justice and freedom - so that future generations can enjoy them.

- I. Ergashev In the worldview of young people, reliance on national and spiritual values includes certain goals and objectives. They are:
- ➤ If young people do not base their worldview on national and spiritual values, values will appear that are completely alien to their consciousness and thinking. An indifferent attitude to one's own national and spiritual values is being formed.

Studying the current state of young people's attitude to national and spiritual values will help determine which values prevail in their practical activities. The main goal is to strengthen trust and faith in their national and cultural heritage and values.

> Strong beliefs and convictions of young people in national and spiritual values are based on the requirements of a specific and adequate development path chosen by Uzbekistan, and set specific tasks for young people[3, 15-16].

Philosopher I. Ergashev connects the problems of attitude to national values in the spiritual life of society with the following factors:

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- 1. Deeply aware that independence is a great blessing and value, young people should be deeply aware of their responsibility to society as a free person and free citizen, and be active in achieving a common goal.
- 2. The liberalization of society and spirituality are inextricably linked with democracy and reliance on national and spiritual values in the worldview of young people. An open and free expression of one's opinion about the values that affect the present and future of the country, people, nation will prevent some negative situations. Most importantly, it is important to express your opinion freely. The political and legal culture in society is being raised by respecting the opinions of young people, relying on the opinions of others, and restoring national and spiritual values.
- 3. In a democratic society, the need to restore national and spiritual values is growing, a diversity of opinions and a culture of polemics are being formed. Only the transmission of one's own opinion, the suppression of the opinion of others, will be eliminated.
- 4. Thanks to the restoration of national and spiritual values, young people will value their freedom and independence, respect it, feel the need for this feeling more. Some vices, such as indifference and indifference to cultural heritage, will be eliminated.
- 5. There is an opportunity today to address the negative flaws in the activities of some people in leadership positions that are not aligned with our values.
- 6. In an independent country, every young person, regardless of the area in which he works, must first of all be aware of himself as a free and independent person. Self-awareness, on the other hand, is achieved through deep study and careful development of spiritual values [3, 15].

During the development of independent Uzbekistan from a strong state to a strong society, using the centuries-old spiritual heritage, national values, the historical experience of our great ancestors and learning from their exemplary work, we will serve the task of building a civil society in our country.

The problems of educating young people in society have always been one of the highest priorities today. At the same time, the process of globalization is accelerating in the world. Relations between the peoples and nations of the world are growing. Uzbekistan is no exception. The values of different peoples also influence the life of the youth of Uzbekistan. Such an environment creates conditions for the influence of the international information system, the Internet, the media, advertising, works related to various film screenings, on the spiritual life of young people, the penetration of various values into it.

Young people need to know which aspects of it to use and which not. It is important to differentiate values so that they are treated without losing national values. In public life, one can observe situations in the behavior of some young people that are completely inconsistent with our national values. One can observe a discrepancy between the actions of some young people in support of religious extremism and fanaticism and our national values. The events in Tashkent, Bukhara and Andijan show that we have important tasks ahead of us, such as introducing our national values into the worldview of young people and educating them to it.

The majority of our young people have formed the right attitude towards national and universal values. Efforts to promote values, especially bigotry, are to be welcomed. Today, the world media is increasingly trying to educate young people against national values. It is becoming more and more obvious what ulterior motives lie behind the idea that a democratic society cannot be built without a change in attitude towards values. Such actions are aimed at educating young people in the spirit of indifference to their people, homeland and national values, with hidden goals aimed at instilling a penchant for more Western values.

The role of national and universal values in the life of young people is important; cases of unhealthy fanaticism often take place in the behavior of young people who are unfamiliar with national values. Independence opens up new opportunities for young people to correctly assess universal values, based on a new system of values, national and cultural heritage and traditions.

Independence marked a new era in the life of young people, and it is desirable that young people feel this deeply.

The purpose of strengthening national and spiritual values in the worldview of young people is not only to teach them to live their own values, but also to encourage them to live and work, assimilating these universal human values and taking into account the specific development of the country.

In addition, a deep knowledge of national and spiritual values has a positive effect on the preservation, protection and strengthening of the independence of young people. This is inextricably linked with the further development of the country.

In conditions of independence, national and universal values acquire their true meaning. An important achievement is that the views and attitudes of young people towards it are also changing, and national and spiritual values are considered as the basis of universal human values.

One of the most important achievements of our time is that we have achieved the supremacy of national and spiritual values in education. This means instilling in the younger generation a rich historical, national and spiritual heritage, as well as educating them on the basis of the centuries-old traditions of folk pedagogy. As Abdullah Avloni said: "Education for us is a matter of life or death, salvation or destruction, happiness or disaster" [4, 39].

Teaching science, our ancestors instilled in their children national spiritual and moral values, which are passed down from generation to generation. In the period of independence, rich in development and change, the comprehensive development of youth is a requirement and need of today.

In a word, it is important to be able to correctly interpret the events taking place in the process of globalization, to analyze each reality based on our national interests and values. For this, our national idea and ideology must be strong. The Decree "On Promotion of National Ideology and Improving the Efficiency of Spiritual and Educational Work" has also become one of the documents aimed at further respect for our national values. After all, the national idea, introduced into the consciousness and thinking of our people, especially the younger generation, not only ensures its resistance to the influence of any alien ideas, but also develops the ability to respond to them, encourages respect and preservation of our national values.

In this regard, the use of national values, religious values that serve progressive development in solving problems related to youth, combining them with modern democratic values, the issue of educating the younger generation in all respects, is of great importance in our country. At the same time, attention is paid to the development of a youth protection mechanism. Because in the modern conditions of globalization, the implementation of the processes of spiritual and legal renewal based on national values, on the one hand, and modern values, on the other, remains particularly relevant.

The Uzbek people have exemplary customs, traditions, rituals and rituals that can have a great impact on the upbringing of young people, and instilling them in the minds of children in the family, in everyday life is one of our important tasks to prevent spiritual threats.

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